

REGISTRATION FORM

REGISTRANTS NAME: _____

PARENT/GUARDIAN: _____

STREET ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

GENDER : MALE FEMALE DATE OF BIRTH: _____ AGE: _____

HOME PHONE: _____ CELL PHONE: _____

USFS NUMBER: _____ EMAIL: _____

PASSED BADGE LEVEL: _____

RELEASE OF LIABILITY:

I fully understand that this "activity" involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the "activity", the conditions in which the "activity" takes place, or the negligence of the "releasees" named below: and that there may be other risks either not known to me or not readily foreseeable at this time: and I fully accept and assume all such risks and all responsibilities for losses, costs, and damages I incur as a result of my participation in this "activity".

I hereby release, discharge, and covenant not to sue USFS, NSSC, its directors, officers, administrators, sponsors, volunteers, agents, employees, staff, instructors, trainers, other participants and if applicable, owners and lessors of premises of which the "activity" takes place (each consider one of the "Releasees" herein) from all liability, claims, demands, losses, damages, or damages on my account caused or alleged to be caused in whole and in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations: and I further agree that if despite this release, waiver of liability, and assumption of risk, I or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of any such claim.

I HAVE READ THIS WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

SIGNATURE (Parent/Guardian, if under 18 years of age) DATE

Please make checks payable to the North Shore Skating Club and mail to:

North Shore Skating Club, 51 Symonds Way, Reading, MA 01867

Fees are non-refundable after first class. Cancellation after deadline is \$25 processing fee. Credit may be given for future classes with excused absences (i.e. doctor's note). Programs are filled on a first come/first serve basis. We reserve the right to cancel or adjust any programs.

The



is pleased to present

2010

Summer Basic Skills Skating Clinic



Located at the Burbank Ice Arena

51 Symonds Way

Reading MA 01867

781-944-5874

Web Site: www.nsskating.net

Summer Skills Clinic

Dates: July 6 – 9, 2010

Days: Tuesday – Friday

Times: 9:15am – 12:50pm

Drop off begins at 8:50am. Pick-up 12:50pm

Cost: \$230 per child*

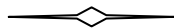
**Please provide your own snacks/lunch. Vending machine will be available for water, juices, snacks, etc.*

This clinic is for skaters who have passed USFS Basic Skills Badge 3 through Freestyle 6. Skaters will be separated into groups by skill level. These groups will be rotated among the different activities designed to improve their figure skating skills. Throughout the clinic, they will work toward various badge skills and be introduced to all the disciplines of skating to further their enjoyment and open possibilities in the different skating disciplines.

Our goal is for your children to gain skating skills, develop confidence to become a self-assured recreational skater or as a first step toward competitive skating in a fun and enjoyable environment.

Deadline to register is Tuesday, May 18, 2010. Registration received after May 18, 2010, will be placed on a waitlist and added as space permits. We reserve the right to cancel or adjust programs.

Appropriated forms will be mailed upon payment receipt and must be completed and received prior to clinic to start date.



Private Lessons? If you are interested in private lessons or semi-private skating lessons, please contact our Skating Director, Suzi Sweezey, to received a full listing of our coaching staff and discuss your options.

Sample Schedule

8:50am - 9:00am

9:00am-9:45am

9:50am-10:35am

10:40am-10:50am

11:00am-11:20am

11:20am-11:50am

11:50pm-12:20pm

Dance;

12:20pm-12:50pm

12:50pm-1:00pm

Drop-off

Hip-Hop/Ballet

Off-Ice Conditioning/Yoga

Snack*/Nutrition

Stroking; Edge Class; Power

Jumps & Spins

Intro to Synchro; Intro to

Intro to Theatre On Ice

Group Skating

Pick-up

A Public Skate pass will be offered to each participant wishing to practice after the clinic has finished for that day. Should the skater choose to skate on the Public Skate please note there is no Clinic supervision. Any after clinic arrangements are at the skater's discretion.

Our Staff

Rebecca Bourbeau-Nagle is PSA rated and has 30 years of coaching experience ranging from the recreational to national level skating competitor. Her goal is to excel at developing strong skating skills, introduce all disciplines of skating and create a positive, encouraging, training environment for each individual skater's.

e-mail: sk8ngmom@comcast.net

Suzi Sweezey-Landry has been coaching for over 25 years training both competitive and recreational skaters to help them achieve their desired goals in figure skating. A PSA member, our NSSC Junior Club Director, Co Director of "Ice Spectacular," she is also the NSSC Delegate to the US Figure Skating Governing Council.

e-mail: nsscjc@nsskating.org

For further information please feel free to contact either coach at the provided e-mails. Bios of participating coaches will be mailed with your registration packet.

