



SMITHFIELD FIGURE SKATING CLUB

ADVANCED and SPECIALIZED LEARN TO SKATE CLASSES

Hockey Skills Class

Class will teach the fundamentals of hockey skating. Skaters will learn how to maneuver faster and be more agile on the ice. Proper skating techniques are the primary focus. All elements will be taught without pucks or sticks. Skaters will learn the fundamentals to be successful in game situations. Class will provide an excellent foundation for participation in area hockey programs.

- 12noon-12:15pm – Practice (free skate)
12:15-12:40pm - Group lesson
- Skaters younger than 6 years of age must have passed Snowplow Sam 1; 6 years & up no prerequisite

Jump & Spin Class

Introductory class will teach the basic technique of jumping and spinning on the ice. The skaters will be given the proper instructions on basic jump take offs, air positions, and landings as well as learning basic spin execution. This class will be taught by Brad Vigorito, five-time Senior Level Eastern Sectional Competitor and New England Regional Medalist.

- 12:40-12:55pm – Practice (free skate)
12:55-1:20pm - Group lesson
- Skater must have passed Basic 4

Artistry in Motion Class

Learn basic principles of artistry and showmanship and make your skating more fun for YOU and more fun to watch! Artistry in Motion class will teach young skaters how to perform for an audience and at the same time help to strengthen the core of their skating skills. Class will be taught by professional ice skater, Courtney Sherlock. Courtney is well known to the club as she is a Smithfield FSC member, but also teaches throughout Massachusetts. She has accomplished her Senior Moves in The Field and Senior Ladies Freeskate. She has much show experience as she traveled extensively with Disney On Ice as a show skater and had the opportunity to train, work and skate with international former Olympians.

- 1:20-1:35pm – Practice (free skate)
1:35- 2:00pm – Group lesson
- Skater must have passed Basic 8